



The Center for Integrative Health and Healing

388 Kenwood Avenue, Delmar, NY 12054 | www.cihh.net | (518) 689-2244

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Media Contact:
Cathleen Williamson
(617) 435-5505
cathleenaporter@yahoo.com

The Center for Integrative Health and Healing Expands With New Complementary Cancer Treatments

Integrative Medicine Team Introduces IV Nutrient Therapy and Iscador Therapy

Delmar, N.Y., June 30, 2009 – The Center for Integrative Health and Healing (www.CIHH.net), a collaboration of medical doctors and licensed practitioners offering a balanced approach to meeting the needs of people who want to live their healthiest life, announced today the expansion of its offices to offer two new complementary cancer care treatments: IV nutrient therapy and Iscador therapy. The Center for Integrative Health and Healing is the only medical practice in the New York Capital area to offer these treatments.

IV nutrient therapy allows for optimal utilization of nutrients by introducing therapeutic doses that not available orally directly into the body's circulation. Studies have shown that this treatment can be particularly beneficial to the cancer patient by providing necessary nutrients such as vitamin C that help boost the immune system (see http://www.cihh.net/index.php/services/iv_therapy for details). Research also shows that IV vitamin C therapy prolongs survival times and improves quality of life in cancer patients, especially those with metastatic cancer, lung cancer, and lymphomas.

"I didn't think I'd make it back after the chemotherapy," says cancer survivor and CIHH patient John Brown. "With the IV therapy and Iscador I keep improving all the time. Every day it's increasing my chances of living a lot longer."

The Center has also introduced Iscador therapy, commonly known as mistletoe treatment. Medical studies have shown that this treatment may also prolong the lives of cancer patients and increase their quality of life. Expected benefits of Iscador include improved sleep, appetite, immune support, pain reduction and overall improved sense of well-being.

Mistletoe preparations have been used since the beginning of the last century as an adjunct to chemotherapy, surgery and radiation for treatment of cancer. Over the last 30 years, many medical studies have been done examining the anti-carcinogenic properties of mistletoe preparations. It is currently the number one complementary treatment for cancer in Europe, and is increasingly being used in North America. For more information please visit: http://www.cihh.net/index.php/services/iscador_treatment.

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“We’re excited to offer these healing therapies,” said Dr. Ronald Stram, Founder and Medical Director of the Center. “Our patients have already started to see very positive results.”

In addition to cancer, IV therapy is an effective means of treatment with typically no adverse effects for a variety of conditions such as chronic fatigue syndrome, fibromyalgia, Parkinson’s, migraine headaches, autoimmune conditions, Lyme disease and other chronic infections and mal-absorption problems. Research suggests that increased amounts of certain vitamins and minerals including vitamins A, C, E, B6 (pyridoxine), and folic acid may help prevent or delay the onset of some diseases.

The Center advises that all patients consult with their doctor before beginning treatment.

Editor’s note: Interviews with Dr. Ronald Stram or John Brown can be arranged upon request.

About the Center for Integrative Health and Healing

The Center for Integrative Health and Healing (CIHH) is a collaboration of medical doctors and licensed practitioners offering a balanced approach to meeting the needs of people who want to live their healthiest life. The Center’s team achieves this through healing-oriented medicine that takes account of the whole person (body, mind, heart and spirit), including all aspects of lifestyle. By partnering with your personal physician, you not only effectively treat illness, but also work together to prevent it. The Center’s mission is to integrate the best of all therapeutic modalities in a safe, effective and respectful manner, with the intent to nurture intrinsic healing and promote balance. The first wellness center of its kind in New York’s Capital Region, The Center for Integrative Health and Healing serves patients throughout the Northeast. CIHH was founded in 2003 by Dr. Ronald Stram, Medical Director. More information can be found on www.cihh.net.